5 Days Induction Program for B.V. Patel Institute of Management and Commerce Uka Tarsadia University



Orientation (Induction) Programme 2019

<u>1st Session – Know Your Institute</u>

B.V. Patel Institute of Management has organised "Orientation (Induction) Programme-2019" for the first year students during 1^{st} July to 5^{th} July 2019. The objective of the programme is to formally welcome the newly arrived students to B.V. Patel Institute family and assist them in starting their academic journey.

The programme started with the UTU anthem. In the First session know your Institute, Dr. Vijay Gondaliya, I/c. Director of the Institute has briefed the students about the history and the working pattern of the Institute. He has also highlighted various facilities and system adopted by the institute such as use of SIS, web-pages for various important task during three years like payment fees, rechecking, examination hall ticket, result, etc. other facilities available at institute like, celebration, sports, workshops, seminars, opportunities to participate, etc. and past achievement of students.



2nd Session – Know Your University

Second session was "Know Your University", the session conducted by Dr. Rozy Patel, Dr. Ketan Ranch & KYU (Know Your University) team. In this session, Dr. Ketan Ranch, provided detailed information about the University, Vision and mission, its functioning, different activities during the academic session.

Also share the below things with students,

Objective of UTU

- To impart holistic education in the context of dynamic global challenges.
- To mobilize resources which promote acquisition, retention and application of knowledge.
- To provide a platform for economic development through collaboration with academic institutes and industries.

Students get all necessary information about university and related matters of it.



4th Session (Day 2- 1st Session) of orientation starts with different activities among the 3 different groups (each group 33 students) of students. The activities included Outdoor/Indoor Sports, Yoga, and Aerobics. Students come across with the different activity of the College as well enjoyed the events.

The activities that includes Outdoor/Indoor Sports -Yoga, Mediatation, Pranayam / Surya Namashkar – Aerobics. Students come across with the different activity of the College as well enjoyed the events.

Group A was taken for Aerobics activities, Group B is taken over for Yoga session and Group C is taken over for Sports session. On the day 3 and day 5 of the first session was as per the day 2 where the groups were rotated as per the activities of sports, Yoga and Aerobics.

Outdoor/Indoor Sports:

During the orientation programme a special session was organized for indoor and outdoor sport for three days to respective group for two hour. The students participated in both indoor and outdoor sports in various games like Chess, Carom, Air hockey, Badminton, Cricket, Basket Ball, and Table Tennis. The students showed their skills, sportsmen spirit and enthusiasm for the games. Almost all students had participated and took interest in games various games.



Aerobics Session:

In the orientation program held session on 'Aerobics' by Dr. Rajal from Physiotherapy department. She has discussed regarding postural analysis, ergonomics and aerobic dance during the two hour session for three days in respective group.

A series of practical exercise were taught by her to the new students. She has given details guidelines related to aerobic activities which they have to keep in mind when every student does the exercise. In the two hour session includes warm up phase, main cardio fitness phase cool down phase and general information regarding fitness. The session was very informative and useful in daily life for maintain fitness.



Yoga Session:

During the orientation program held session on 'Yoga' by Shri Tushrbhai Patel. The trainer emphasized the need to keep the body fit through simple everyday exercises for human life. The participants were taught various exercises and the correct way of doing them.

He talked in great detail on yoga and its benefits for a physically and mentally active life. He stressed the importance of yoga in his own life by informing the students that he has been able to cure himself from 14 different diseases like obesity, blood pressure, diabetes, etc by practicing yoga every day. He told the students that different asanas of yoga have a particular

function to perform and one need to master some asanas to remain fit. He taught the all important pranayam technique to the students.

A series of practical exercise were taught by him to the participants in the two hour session on Yoga for three days to each group in respective turn.



5th Session on Campus Visit - Know Your University – II

The 6th session ((Day 2- 3rd Session) was on Campus Visit (Know your University – II). In this session, students visited the university campus and were made families with various facilities available at the campus like, Shrimad Rajchandra Museum, Central Library, Canteen, University Administration Office, Computer Laboratories, Language Lab, etc.

During campus visit students are acquainted with various facilities at Uka Tarsadia University.

- Libraries. The University has a central library which is open for students and staff members.
- Trasportation (The Maliba Campus is on state highway No 6, six kms)
- Hostels
- Sports (At UTU, Sports occupy a pivotal role in providing an all-round development to the students and provide a forum for interaction amongst themselves, with the rest of the University community as well as with outsiders. The University Sports Wing provides excellent opportunities and facilities in a variety of outdoor sports and indoor games.)
- 24 X 7 Wi-Fi
- Auditorium (wide range of sitting capacity is available)

6th Session on Human Values

In the 5th session (Day 2- 2nd Session), topic covered Universal Human Values by Mr. Manish Nakrani, Faculty of CGPIT. The session was informative which highlighted human values that a student must follow in their life.

The main objective of this session is that what is right for us and for the nature in context of human values principles specially in the present scenario of today's world, where we are, all the time harming self, society and nature only to have self prosperity.

All the participants mainly discussed about self realization also their relationship with self, society, nature and with their family and near and dear ones. This session mainly focussed on the relationship building aspect of human beings with the other individual and its duty towards the society and nature.



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7th Session on Examination System

In the 7th session (Day $3^{rd} - 2^{nd}$ Session) students get detail insplit about examination patter and system at UTU by Dt. Jitesh Parmar, Control of Examiner (COE). He has explained 'code of conduct'; the examination portal and further informed the student on how they can get the information from the website.

Dr. Parmar has highlighted exam rules and bifurcation of internal and external examination weighted, ATKT Rules, reassessment rules, rechecking rules and all examination related information.



8th Session on Anti-Ragging

Dr. Rozy Patel took the session on Anti ragging. The lecture also threw some lights on the extended definition of Supreme Court of India. The different forms of ragging with various humorous examples were enumerated in the lecture. The consequences of ragging with examples were very well summated and it got etched in the student's mind. The menace of ragging in hostels was highlighted and the measures to be taken were elaborated with examples of similar nature. In case of such grievances where the students have to approach and what action will be taken on offenders was elucidated. She has also, highlighted that UTU is free ragging campus.



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9th Session of Awareness about different Clubs

In the 9th session (Day $3 - 3^{rd}$ Session) of Creative Arts, the students were grouped as per their interest in Music, Dance, Literary and Theatre club of the University. The basic aim of the session was to create awareness about different clubs and identify the hidden talent from the new students. Creativity is a phenomenon whereby something new and somehow valuable is formed. Creative Arts is expression or application of human creative skill and imagination. Artistic activities foster intellectual development and some of their benefits are: Stimulates both sides of the brain. During the two hour sessions of respective club were all seniors' students and new students perform their talent in respective areas. At the end of day seniors and juniors have truthful day as well as some interactions too.



10th Session on Self defence

The 10^{th} session (Day – 4 1^{st} Session) was organized on Self Defence. The session conducted by Ms. Swati Thakkar, Chief Instructor of Can Academy, Judo Coach, etc from Bardoli, she came with her team.

Self-defence is a countermeasure that involves defending the health and well-being of oneself from harm. The use of the right of self-defence as a legal justification for the use of force in times of danger is available in many jurisdictions. She has highlighted some legal issues also. Self-defence is a legal doctrine which says that a person may use reasonable force in the defence of one's self or another. This defence arises both from common law and the Criminal Law Act 1967. She has showed demonstration of various safety measures and techniques as an when any incidence happened. She has share some of the help line numbers for girls safety on routine days.

Self Defence techniques were practically explained by the trainer. The students also participated and were highly eager to learn the techniques.



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11th Session on NSS (National Service scheme)

The 11th Session (Day 4- 2nd Session) in orientation programme 2019 was awareness and existence of NSS (National Service Scheme) club in University. Central Club coordinator Dr. Divya Gadariya, faculty member of SRIMCA-MBA has conducted session and enlightens the students on various functions of club. She has highlighted various activities performed by NSS members and benefits avails to students becoming member of club. NSS is beneficial to both students as well as the society in various different means. NSS helps the student to grow individually and also as a group. It makes the students confident, develop leadership skills, and gain knowledge about different people from different walks of life.



<u>12th Session on Health awareness</u>

In the orientation programme 2019, 12th session (Day-4 3rd session) was organized on Health Awareness by Nursing College faculty members. The session was about 'Health Awareness' where Ms. Priyanka Gohil Faculty of MBNC, UTU discussed on Personal Hygiene Health, as defined by the World Health Organization (WHO), is "a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity." She highlighted importance of maintaining personal hygiene in routine life.

In the second half of the session Mr. Manjunath M Beth explained the use of First AID and Cardio Pulmonary Resuscitation (CPR). He has also explained what to do in difficult situation as some can sudden cardiac pain. He has explain entire session with practical demonstration.



13th Session on Language Proficiency

The last session on day 4 i.e. 13th session of orientation 2019 on Language Proficiency were handled and conducted by Ms. Tarjani Seth and Ms. Amita Rathod. They had explained the Language Enhancement. English Proficiency is a student's ability to use English to make and communicate meaning verbally and in writing during their program of study.

Entire session was the based on participative approach of the students and faculties. The English proficiency relates game and task were also assign to students to get Maximum benefits and learning point to students in the program. At the end students learned something new and inspired the session.





14th Session on 'SSIP'

14th session of orientation programme 2019 on day 5th of programme was on creation of awareness about SSIP (Student Start up and Innovation Program) programme. In the session Dr. Chinmay Desai, Dr. Sanjay Tiwari and Dr. Sandesh Lodha has briefed about programme as well as what are the benefits of this programme to the students. Expert has explained modern meaning of innovation i.e. "a new idea, creative thoughts, new imaginations in form of device or method". Innovation is often also viewed as the application of better solutions that meet new requirements. Also share common causes of failure within the innovation process in most organizations, it can be distilled into five types: poor goal definition, poor alignment of actions to goals, poor participation in teams, poor monitoring of results, poor communication and access to information.

They made students aware about innovative and modern practices and products in their own branch, Awareness regarding SSIP Scheme of Government of Gujarat and Government initiatives in areas of innovations and supports for Startup, Incubation, Entrepreneurship etc.



15th Session on 'Management Game'

During orientation programme 15th session of management game was organized for students. The coordinators of Management Game session Dr. Taral Patel, Mr. Vivek Ayre, Ms. Aarti Joshi, Mrs. Arpita Vyas and Mr. Gaurang Pandya arranged management game on different concept of management such as co-ordination, team building, Communication, Leadership, Group Co-ordination, Recourses Management and International Business Strategy.

The session aimed at teaching management lessons with lots of fun. Students learned management concept through games like management and leadership skill, managing time, team work, presence of mind, etc.

In each game students were applied his or her individual management skill and tactics for accomplished assigned task. More than 60 students were participated in games like caterpillar race, blind fowl race, etc. All students participated with full of zeal and learnt management concepts through this innovative practice. The photographs below speak of the amount of fun and enjoyment experienced by everyone.

